

The Beatitudes: What I Can Do

Beatitudes	Our Challenge	What I can do
Blessed are the poor in spirit, for theirs is the kingdom of heaven.	Learn to put all our trust in God rather than in material possessions	
Blessed are they who mourn, for they will be comforted.	Learn not to expect perfect happiness on Earth. Grow in hope and confidence that God can and will provide us with perfect happiness in his Kingdom.	
Blessed are the meek, for they will inherit the land.	Learn that happiness does not come from self-promotion and gaining control over others. It comes from treating one another with gentleness and patience.	
Blessed are they who hunger and thirst for righteousness, for they will be satisfied.	Learn that being upset with the injustice and evil we see around us is a result of God's grace and invitation to strive to promote a just society.	
Blessed are the merciful, for they will be shown mercy.	Learn that the very foundation of God's kingdom rests on our being willing to forgive those who wrong us. Refusing to forgive and seeking vengeance only continues the cycle of hatred and violence.	
Blessed are the clean of heart, for they will see God.	Learn that growing in friendship with God is our single most important task on Earth.	
Blessed are the peacemakers, for they will be called children of God.	Learn that, as children of God, we have a basic task to help others and forgive each other and live in peace together.	
Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.	Learn that persecution is inevitable whenever we are truly working to promote God's kingdom. Rather than being surprised and discouraged, we should be reassured that we are on the right track.	